

RETAIL SELECTION

Farm to Table
Not all items are Available Daily.

DIPS & SALADS

**Sold in 8oz (half a pound) or
pint size (one pound)**

Hummus

Babaganoush

Green Tahini

Matbucha

Mildly spicy cooked salad made of
Tomatoes & roasted bell peppers

Harrissa

Hot chili sauce

Zhug

Hot fresh pepper chili sauce

Chick Pea & Feta Salad

Tabbouleh

Israeli Salad

Beets Salad

Mediterranean Eggplant

Quinoa w/Cherries, Apricots & Almonds

**Mediterranean Tuna, Capers, Kalamata olives,
Preserved lemons, Parsley**

Walnut Chicken, Grapes, Walnuts, Tarragon

Curry Chicken, Apricots & Almonds

Shakshuka

Mildly spicy tomato & pepper sauce
Handcrafted Granola sold by the pound

SOUPS

Sold in Pints & Quarts

Tomato Basil

Gluten & Dairy Free, Vegetarian

Orange-Carrot-Ginger

Vegetarian, Gluten, Dairy Free

Gazpacho (seasonal)

Gluten, Dairy Free and Vegetarian

Lentil

Gluten & Dairy Free, Vegetarian

Lentil, Vegetables

Gluten, Dairy Free and Vegetarian

Split Pea

Gluten & Dairy Free, Vegetarian

White Bean

Gluten & Dairy Free, Vegetarian

Butternut Squash

Gluten, Dairy Free and Vegetarian

Vegetable

Gluten, Dairy Free and Vegetarian

Chicken

Dairy free

Curry Chicken, Vegetables

Basmati Rice

Turkey Chili Soup

Gluten & Dairy Free

Beet Root and Brisket Soup

Dairy and Gluten Free

*Organic - Sustainable Raised - Wild Caught Fish
Pasture Raised - All Natural Poultry
Grass Fed Beef - Domestic Lamb*



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